

Better Than Perpetual Dhikr

Abu Umāmah al-Bāhiliy narrated that the Prophet ﷺ said,
"Shall I not inform you of a dhikr that is better and more virtuous than doing
dhikr constantly, day and night? Say:

الْحَمْدُ لِلَّهِ عَدَدَ مَا خَلَقَ، الْحَمْدُ لِلَّهِ مِلْءَ مَا خَلَقَ
الْحَمْدُ لِلَّهِ عَدَدَ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ
الْحَمْدُ لِلَّهِ عَدَدَ مَا أَحْصَى كِتَابُهُ وَالْحَمْدُ لِلَّهِ عَلَى مَا أَحْصَى كِتَابُهُ
وَالْحَمْدُ لِلَّهِ عَدَدَ كُلِّ شَيْءٍ وَالْحَمْدُ لِلَّهِ مِلْءَ كُلِّ شَيْءٍ

All praise is for Allah; as much as the number of what He has created,
All praise is for Allah; as much as the fill of what He has created,
All praise is for Allah; as much as what is in the heavens and what is in the earth,
All praise is for Allah; as much as what His Book has enumerated,
and all praise is for Allah; for all that His Book has enumerated,
and all praise is for Allah; as much as the number of everything,
and all praise is for Allah; as much as the fill of everything." [Sahīh al-Jāmi': 2615]

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